



CSE RKL

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ROCKLAND RESOURCES ANNOUNCES NEW PRESIDENT

Vancouver, British Columbia, September 3rd, 2024, Rockland Resources Ltd. (the "Company" or "Rockland") (CSE: RKL) is pleased to announce the addition to its' Board of Directors.

Rockland is excited to announce the addition of Mr. William Rascan to the Board of Directors as well as taking on the formal role of President of the Company. As President, Mr. Rascan will take a hands-on role with the company, assisting the CEO in the day-to-day activities as the Company looks to further it's Cole Gold Mine project in Ontario's Red Lake Mining District as well as the Utah Beryllium project.

Mr. Rascan brings +30 years' experience in the investment brokerage/capital markets industry, currently as President & CEO of Nova Mentis Life Science Corp (formerly Liberty Leaf Holdings) and previous to that, as CEO of Weststar Resources. As CEO of Nova Mentis, some of the recent corporate achievements he oversaw were...first biotech company in the world to obtain Orphan Drug designation in both the EU and United States for the use of psilocybin in the treatment of fragile X syndrome and the granting of a first of its kind in Canada, a Health Canada Phase 2a clinical trial investigating the effects of psilocybin on the cognitive and behavioral symptoms associated with fragile X. During his tenure at Liberty Leaf, Mr. Rascan oversaw all aspects of the business which included a fundamental change of business into the cannabis sector, successfully shepherding its Health Canada cultivation and processing license and growing the company to +\$100mm mkt cap.

CEO Mike England stated "We are very happy to have Mr. Rascan join us as we get set to focus our efforts on the Cole old Mines project in Red Lake, Ontario. Will's energy and knowledge of the markets will be a great asset for Rockland shareholders."

At this time, the Company also wishes to announce the resignation of Lindsay Bottomer from the Board. Mr. Bottomer will stay on with the Company in an advisory role capacity. The Board would like to thank Mr. Bottomer for his contributions to the Company over the past years.

Rockland further announces it has set 600,000 options to 2 directors of the Company at a price of \$0.05 for a period of 3 years in accordance with the Company's stock option plan.

About Rockland Resources Ltd.

Rockland Resources is engaged in the business of mineral exploration and the acquisition of mineral property assets for the benefit of its shareholders. The Company owns 100-per-cent of the historic Cole Gold Mine located in the prolific Red Lake mining division of Ontario, as well as the Lithium Butte Beryllium project located adjacent to the world-class Spor Mountain beryllium mine in Utah.



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On Behalf of the Board of Directors

Michael England, CEO & Director

For further information, please contact:

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Neither the Canadian Stock Exchange nor its Regulation Services Provider accepts responsibility for the adequacy or accuracy of this release.

FORWARD-LOOKING STATEMENTS: This news release contains forward-looking statements, which relate to future events or future performance and reflect management's current expectations and assumptions. Such forward-looking statements reflect management's current beliefs and are based on assumptions made by and information currently available to the Company. Investors are cautioned that these forward-looking statements are neither promises nor guarantees and are subject to risks and uncertainties that may cause future results to differ materially from those expected. These forward-looking statements are made as of the date hereof and, except as required under applicable securities legislation, the Company does not assume any obligation to update or revise them to reflect new events or circumstances. All of the forward-looking statements made in this press release are qualified by these cautionary statements and by those made in our filings with SEDAR in Canada (available at WWW.SEDAR.COM).